

World Extreme Medicine Community Guidelines

Welcome to the **WEM Community**, a space for connection, collaboration and continued learning beyond the course environment. These guidelines exist to make sure our online spaces remain supportive, respectful and aligned with WEM's values.

Our Ethos

We're here to share knowledge, opportunities, and experiences in extreme, expedition and humanitarian medicine. We want everyone to feel safe contributing, regardless of background, role, or experience level.

What We Expect

Keep it professional

Discussions should stay focused on medicine, education, general chatting and field experience. This isn't the place for political debate or commentary on current conflicts.

Respect confidentiality

Information shared by members (such as personal details, locations, or experiences) must remain private. Please don't share screenshots or forward messages outside this group.

Zero tolerance for harassment or discrimination

We do not tolerate bullying, hate speech, or personal attacks. Anyone engaging in such behaviour may be removed without warning, in line with WEM's wider Behaviour Policy.

Be considerate

We welcome debate and differing opinions, but tone matters. Keep language respectful, assume good intent, and remember we represent a global community.

Stay factual and safe

If sharing articles or external links, ensure they are from credible, verifiable sources. Content that spreads misinformation, graphic imagery, or unverified political claims will be removed.

Moderation

Admins may remove messages or members who breach these guidelines. Where appropriate, we'll reach out privately first, but serious breaches can lead to immediate removal.

Privacy Notice

By joining this community, you acknowledge that your name, phone number and messages are visible to other members. We ask all members to handle that information responsibly, in line with our [WEM Behaviour Policy](#) and UK data protection principles.

Final Word

This space is about **shared learning, connection, and support**. We encourage open dialogue, but always through the lens of professionalism, empathy, and respect.

If you ever feel uncomfortable with a message or interaction, please contact one of the group admins directly or email operations@extreme-medicine.com.