At Expedition Medicine we are aware that individuals are being requested to work in more remote environments, providing medical cover to a more diverse range of clients or working in isolation.

The Mountain Medicine course has been developed for medical professionals, expedition and wilderness medics working in cold and at altitude environments. The course will use the environment of the Khumbu Valley and the Everest Base Trail to educate and explore the medical issues around medicine in the mountains and the specific issues around high altitude medicine using medical practitioners experienced in this area.

The course is recognised for 22.5 CME points by the Wilderness Medical Society for the Fellowship of the Academy of Wilderness Medicine.

A proportion of your course fee goes to support the work of Everest ER.

A selection of topics covered:

- Frostbite
- Hypothermia
- Risk assessments
- Altitude medicine
- Wound management
- Casualty rescue techniques
- Casualty evacuation planning
- Wilderness ophthalmology
- Water borne infections
- Group management
- Crevasse rescue

For more information, please contact: admin@expeditionmedicine.co.uk or visit mountain-medic.com