Antarctica

Expedition & Wilderness Antarctic Medical Conference, 10 CME. 2014

14 DAYS/11 NIGHTS – November 28 – December 10, 2014 (depart from U.S. & voyage end date)
ABOARD NATIONAL GEOGRAPHIC EXPLORER

EXpedition HIGHLIGHTS
- Spend a week exploring Antarctica aboard our fully-equipped, ice-strengthened ship.
- 40+ years of Antarctic expeditions assures you of the best possible experience.
- Few things compare to a hike, Zodiac cruise or kayak foray amid the icescapes of Antarctica.

Glide around enormous tabular icebergs by Zodiac, walk along beaches covered with thousands of penguins, and kayak amid abundant wildlife. Learn about the Lindblad legacy, dating from 1966, as you travel with Ice Masters, Expedition Leaders and Naturalists who have hundreds of journeys under their parkas. On every expedition, a National Geographic Photographer will give talks and one-on-one photo tips in the field, where it counts. An Undersea Specialist captures rarely seen footage of life beneath the icy surface for viewing in the comfort of the ship’s lounge. Join us on our classic Antarctica itinerary.

DAYS 1-2: U.S./FLY OVERNIGHT TO BUENOS AIRES, ARGENTINA
Arrive in the sophisticated city of Buenos Aires, reminiscent of the European capitals, with a vibrant flavor all of its own. Check into the excellent Caesar Park Hotel and join an excursion to view the Beaux Arts palaces on grand boulevards of the old aristocracy; the public art, parks and renowned monuments. We’ll experience the Peron story—in buildings, squares and the Evita Museum—so linked to any understanding of contemporary Argentina.

DAY 3: BUENOS AIRES/USHUAIA, ARGENTINA/EMBARK
The morning’s LAN charter flight offers rare views of Patagonia before landing in Ushuaia, where we embark our ship. (B,L,D)

DAY 4: AT SEA
Awake this morning well into our journey across the Drake Passage. Lying between Cape Horn and the Antarctic Peninsula, the Drake holds a distinct place in maritime lore. Sometimes misty and gray, other times calm and clear, crossing the legendary Drake Passage is unforgettable. (B,L,D)

DAYS 5-10: ANTARCTICA
With long hours of daylight at this time of year, we make the most of our six days exploring the Antarctic Peninsula and its surrounding islands. The schedule is flexible to give you the best experience possible. Our veteran expedition team and their expert knowledge of Antarctica’s waters enable us to take advantage of the unexpected. We are out daily — experiencing Antarctica with all our senses as we walk, cruise in Zodias, and venture out in kayaks. See seals wallowing on the beach; hear the cries of penguins, and the huge, nurturing silence of this pristine place.

We may sail through the incomparable Lemaire Channel, where a hush falls over onlookers as bergs of beauty and scale drift by. Identify penguins, paddle kayaks through berg fields, and land with Zodias on the “White Continent.” (B,L,D)
DAYS 11-12: AT SEA
Enjoy the ship’s amenities. There is time to watch at the bridge for marine life, to indulge in a massage, work out in the fitness center, listen to presentations from the natural history staff, or catch up on some reading in the library. Celebrate your adventure at our farewell dinner. (B,L,D)

DAY 13: USHUAIA/DISEMBARK/BUENOS AIRES
Disembark in Ushuaia with time to explore before proceeding to the airport for our LAN charter flight to Buenos Aires. Fly on an overnight flight to the U.S. (B,L)

DAY 14: ARRIVE HOME

OPTIONAL POST VOYAGE EXTENSIONS – CALL FOR DETAILS:
• Iguazu Falls – 4 Days
• Easter Island – 4 Days

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Aboard the 148-guest National Geographic Explorer
Book by July 31, 2013 for complimentary airfare (based on round-trip economy group flights Miami/Buenos Aires). New bookings only; subject to availability; not combinable with other offers.

November 28 – December 10, 2014
(depart from U.S. & voyage end date)

Cost Per Person Double Occupancy

<table>
<thead>
<tr>
<th>Category</th>
<th>Price</th>
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<tbody>
<tr>
<td>1</td>
<td>$12,350</td>
</tr>
<tr>
<td>2</td>
<td>$13,280</td>
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<tr>
<td>5</td>
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<tr>
<td>6</td>
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<td>$23,560</td>
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Sole Occupancy

<table>
<thead>
<tr>
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<th>Price</th>
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<tbody>
<tr>
<td>A</td>
<td>$16,600</td>
</tr>
<tr>
<td>B</td>
<td>$17,110</td>
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</tbody>
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Advance Payment: $1,000

Sample Airfares:
Round-trip Miami/Buenos Aires
Economy: from $1,200
Business: from $2,600
Subject to change.

Sample Charter Airfare: Round-trip Buenos Aires/Ushuaia/Buenos Aires - from $790

Please Note: charter flights round-trip Buenos Aires/ Ushuaia/Buenos Aires are not included.

Cost Includes: All accommodations; meals indicated; excursions; services of Lindblad Expeditions’ Leader, Naturalist staff and expert guides; use of kayaks; entrance fees; all port charges and service taxes.

Not Included: Air transportation; charter flights Buenos Aires/ Ushuaia/Buenos Aires; immigration/passport fees; personal items such as alcoholic beverages, emails, laundry, voyage DVD etc.; discretionary tips to ship’s crew.

Cancellation Policy:

<table>
<thead>
<tr>
<th># of Days Prior to Expedition Start</th>
<th>Per Person Cancellation Fee</th>
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</thead>
<tbody>
<tr>
<td>120 or more days</td>
<td>$150</td>
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<tr>
<td>119-90 days</td>
<td>Advance Payment</td>
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<tr>
<td>89-60 days</td>
<td>25% of trip cost</td>
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<tr>
<td>59-30 days</td>
<td>50% of trip cost</td>
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<tr>
<td>29-0 days</td>
<td>No Refund</td>
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</table>

FOR RESERVATIONS CONTACT:
Lindblad Expeditions
Liz Estes
Phone: 888-773-9007 Fax: 646-390-2050
groups@expeditions.com
Join us aboard the *National Geographic Explorer*, a state of the art expedition ship. The medical element will be led by Paul Auerbach, MD, MS, FACEP, FAWM, who is the Redlich Family Professor of Surgery in the Division of Emergency Medicine at Stanford University. He is the world’s leading authority on wilderness medicine and is one of the world’s leading authorities on emergency medicine.

A graduate of Duke University and Duke University School of Medicine, as well as the Stanford Graduate School of Business, Dr. Auerbach is editor of the definitive medical textbook *Wilderness Medicine*, and author of the books *Medicine for the Outdoors* (named one of the 10 outstanding healthcare titles for 2009 by the Wall Street Journal), *Field Guide to Wilderness Medicine*, *Diving the Rainbow Reefs*, and *Management Lessons from the E.R.* He is a founder and past President of the Wilderness Medical Society, and editor emeritus of the peer-reviewed medical journal *Wilderness & Environmental Medicine*. Dr. Auerbach serves as Chief Medical Officer for Healthline Networks, national medical consultant on hazardous marine animals to the Divers Alert Network (DAN), member of the National Medical Committee for the National Ski Patrol System, and elected member of the Council on Foreign Relations.
THE WORLD’S ULTIMATE EXPEDITION SHIP

National Geographic Explorer

CAPACITY: 148 guests in 81 outside cabins.
REGISTRY: Bahamas. OVERALL LENGTH: 367 feet.
National Geographic Explorer is a state-of-the-art expedition ship, and the newest addition to the Lindblad fleet. It is a fully stabilized, ice-class vessel, with an Ice-1A Super on the forward hull, enabling it to navigate polar passages while providing exceptional comfort. It carries kayaks and a fleet of Zodiac landing craft. An Undersea Specialist operates a remotely operated vehicle (ROV) and sophisticated video equipment, extending access to the underwater world.

PUBLIC AREAS: Bistro Bar; Chart Room; Restaurant; Global Gallery; Library; Lounge with full service bar and state-of-the-art facilities for films, slideshows and presentations; Mud Room with lockers for expedition gear, and Observation Lounge. Our “Open Bridge” provides guests an opportunity to meet our Officers and Captain and learn about navigation.

MEALS: Served in single seatings with unassigned tables for an informal atmosphere and easy mingling. Menu is international with local flair.

CABINS: All cabins face outside with windows or portholes, private facilities and climate controls. Some cabins have balconies.

EXPEDITION EQUIPMENT: Zodiac landing craft, kayaks, Remotely Operated Vehicle (ROV), hydrophone, SplashCam, underwater video camera, Crow’s Nest remote controlled camera, video microscope, snorkeling gear.

SPECIAL FEATURES: A full-time doctor, Undersea Specialist, National Geographic Photographer, LEX Photo Specialist and Video Chronicler, Internet café and laundry.

WELLNESS: The vessel is staffed by a Wellness Specialist and features a glass-enclosed Fitness Center, outdoor stretching area, two LEXspa treatment rooms and Sauna.
Observation Lounge on the Bridge Deck.

Restaurant on the Upper Deck.

Lounge on the Veranda Deck.

Category 4 Cabin

Standard Bathroom
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EXPEDITION & WILDERNESS MEDICINE • RESERVATION FORM

November 28 – December 10, 2014 (depart from U.S & voyage end date)

Please reserve _______ place(s) on the November 28 – December 10, 2014, Antarctica expedition.

Passport Name: ____________________________________________ Date of Birth: ______________________

Preferred Name for Name Badge: ________________________________________________________________

Passport Name: ____________________________________________ Date of Birth: ______________________

Preferred Name for Name Badge: ________________________________________________________________

Street Address: __________________________________________________________________________________

City: ______________________________________ State: __________ Zip: __________________

Home Phone: ___________________________ Business Phone: _______________________________

Fax: ______________________________ E-Mail: ________________________________

Accommodations: □ Double □ Single

☐ I need assistance in securing a roommate.

☐ Please contact me about arranging air travel.

☐ I/We are Smokers   ☐ Non-Smokers.

Please indicate choice of cabin category in order of preference: 1st choice:________ 2nd choice:_______

Enclosed is my deposit check of $1,000 (per person) payable to Lindblad Maritime Enterprises, Ltd.

Charge my deposit of $_________($1,000 per person) to my:

Visa MasterCard American Express Discover

Account Number: ______________________________ Expires: ______________

Cardholder Signature: ___________________________________________ Date: ______________

Please return to:
Lindblad Expeditions
96 Morton Street
New York, NY 10014

Contact: Liz Estes
Phone: 001-212-261-9000
fax: 646-390-2050 / email: groups@expeditions.com